



PDT Therapy & its Benefits

Photodynamic Therapy (PDT using LED with ALA) is a unique new way to treat sun damaged, blemished and aged skin on all areas of the body. By using PDT's non-invasive light technology, Doctors can now treat a range of skin conditions in a fast and affordable way with minimal side effects and downtime.

PDT has many benefits for your skin to help improve the overall health, look and feel of your skin. PDT provides significant cosmetic benefits for sun-damaged and aged skin, rosacea, acne, large pores and skin discoloration due to sun damage. PDT is also very effective in bringing new life to aged skin in areas that in the past have been hard to treat such as the chest, arms, hands and legs.

PDT Downtime

Signs of redness, peeling and scabbing are all indicators of a successful treatment. PDT targets damaged cells - so, the more scabbing and peeling, the more effective the long-term results. Due to the photosensitivity and appearance of your skin, it is recommended that you rest at home in a darkened environment for at least 24 hours, but preferably for the first 48 hours after any PDT Treatment.

Fast & Effective Treatments

Typical treatments are fast and effective, lasting between 10 and 20 minutes. With two or three unique LED lights available (red, yellow and blue plus NIR), your treatments can be tailored to suit your individual skin goals.

LED TREATMENT BENEFITS

The deep penetrating and soothing LED lights are ideal for reducing the appearance of fine lines and wrinkles, improving uneven skin tone, targeting active acne and illuminating and rejuvenating the skin.

TARGETS ACTIVE ACNE

Blue LED light therapy works effectively to target inflammatory acne.

REDUCES ACNE CAUSING BACTERIA

Eliminates acne-causing bacteria that lives on the skin.

INDUCES FASTER HEALING & DECREASES PAIN

Heightens internal skin cell functions and induces faster healing.

Before & After Results

Before & After Results of LED Light Therapy following Laser, IPL and Needling Treatments



This Clinic proudly provides these treatments

Paris Skin Clinic
1 Kearns Crescent,
Ardross WA 6153

BOOK YOUR CONSULTATION TODAY!



LED LIGHT THERAPY

The LED that activates dormant skin cells into **Vibrant Action**

Scientifically Tested & Reliable

LED Light Therapy for Acne-Free Skin

Quick Recovery with Skin Repair & Rejuvenation

BOOK A CONSULTATION TODAY!



FAQ

How many treatments will I need?

The number of treatments required will depend on your individual goals, which will be discussed during your initial consultation. Typically, clients are treated two times per week over a period of time and many clients see and feel results after just one treatment.

How long are LED Light Therapy treatments?

Relatively short, depending on your individual treatment plan. Typical treatments are fast and effective, lasting between 10 and 20 minutes.

Can you have LED Light Therapy while pregnant?

LED Light Therapy is safe if you are pregnant or breastfeeding – so you can have glowing, fresh rejuvenated yummy-mummy skin! This non-invasive, pain-free treatment is friendly for all skin tones, types and conditions.

Can LED Light Therapy be used for post-surgery scarring?

Yes, LED Light Therapy was initially developed to aid in the quicker recovery of wounds and post-surgery scars, without the harmful use of radiation. Now, you can undergo LED Light Therapy to assist with pain relief, superficial skin lesions, rosacea, burns or simply as an addition to your advanced skin care regimen.

HOW DOES IT WORK?

We'll start with deciding which colour wavelength is right for you.

Our **Blue LED Light Therapy** works effectively to target and improve inflammatory acne, by eliminating acne-causing bacteria that lives on the skin. The treatment is painless and non-invasive and can be performed in your lunch break.

Our **Red** or **Yellow** with NIR Light Therapy are fantastic treatments to increase the overall health of your skin. Due to its healing properties, we recommend Yellow and Red Light Therapy after post Laser, Injectables, IPL, RF, Microdermabrasion and Medi-aesthetic Peels.

Let's work together to see the changes you deserve.

For best results, avoid photosensitising medication before your treatment and don't return to exercise until at least 24 hours after your treatment. Used in combination with almost any medi-aesthetic procedure or treatment, this LED Light Therapy treatment will take your glow to a whole new level.

How long is the downtime after LED Light Therapy?

There is no downtime from the stand-alone LED treatments. However, if LED Light therapy is an adjunctive treatment, there may be associated downtime with your other procedure. Your Therapist will discuss this with you during your consultation.

PRE-TREATMENT PREPARATION

Avoid photosensitising medication.

POST-TREATMENT CARE

Avoid exposure to the sun and all forms of light.
Avoid exercise for at least 24 hours.

LED can be used after any Laser or Needling Treatment and your Doctor will recommend any follow-up PDT Treatment for optimal results.

Redness, soreness, itchiness and pain are typically linked to infections as the immune system tries to defend against aggressive micro-organisms.

The stress of this interaction on the local tissue contributes towards increased inflammation, which can be a cause for fungal growth. Many prescriptions and creams used for treating infections contain anti-inflammatory compounds like hydrocortisone. These can help the body to deal with the stress, but some say this just masks the underlying problem.

Some studies on red LED light has led to the potential conclusion that it may actually help the body to deal with the metabolic causes of inflammation, allowing cells to produce more ATP and CO₂ through our normal respiration reaction.

These products of respiration have a supposedly almost identical effect to anti-inflammatory compounds in that they inhibit prostaglandin synthesis (prostaglandins being a main mediator of the inflammatory response) and stop the release of various inflammatory cytokines.